



## Sunday 14 June 2020

- All the Bible readings come from the *New Revised Standard Version*.
- The liturgy assumes the service is Eucharistic. The prayers of consecration have been included at the end rather than in situ because many following the service will be in isolation and unable to celebrate the sacrament.
- The hymns are YouTube links. To hear the hymns please hover the mouse over each link, press Ctrl and then return.

## Introduction and welcome

**HYMN 1 Take my life and let it be** (please click on this link to hear the hymn)

## The Welcome

In the name of the Father, and of the Son, and of the Holy Spirit

**All Amen.**

The Lord be with you

**All And also with you.**

## The Preparation

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

Our Lord Jesus Christ said:

The first commandment is this:

‘Hear, O Israel, the Lord our God is the only Lord.

You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.’

And the second is this: ‘Love your neighbour as yourself.’

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**All Amen. Lord, have mercy.**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Therefore, let us confess our sins in penitence and faith, firmly resolved to keep God’s commandments and to live in love and peace with all.

**All** Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
**Amen.**

Almighty God,  
who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**All** Amen.

## **The Gloria**

This version of the Gloria is sung to the tune of 'Cwm Rhondda'. Click [here](#) for the tune.

**All** Glory be to God in Heaven,  
Songs of joy and peace we bring,  
Thankful hearts and voices raising,  
To creation's Lord we sing.  
Lord we thank you, Lord we praise you,  
Glory be to God our King:  
Glory be to God our King.  
  
Lamb of God, who on our shoulders,  
Bore the load of this world's sin;  
Only Son of God the Father,

**You have brought us peace within.  
Lord, have mercy, Christ have mercy,  
Now your glorious reign begin:  
Now your glorious reign begin.**

**You O Son of God are Holy,  
You we praise with one accord.  
None in heav'n or earth is like you,  
Only you are Christ the Lord.  
With the Father and the Spirit,  
Ever worshipped and adored:  
Ever worshipped and adored.**

### **The Collect for the First Sunday after Trinity**

God of truth,  
help us to keep your law of love  
and to walk in ways of wisdom,  
that we may find true life  
in Jesus Christ your Son.

**All Amen.**

### **First reading**

A reading from the second book of Moses called Exodus

After the Israelites set out from Rephidim, they entered the Desert of Sinai, and Israel camped there in the desert in front of the mountain.

Then Moses went up to God, and the Lord called to him from the mountain and said, 'This is what you are to say to the descendants of Jacob and what you are to tell the people of Israel: "You yourselves have seen what I did to Egypt, and how I carried you on eagles' wings and brought you to myself. Now if you obey me fully and keep my covenant, then out of all nations you will be my treasured possession. Although the whole earth is mine, you will be for me a kingdom of priests and a holy nation.' These are the words you are to speak to the Israelites.'

So Moses went back and summoned the elders of the people and set before them all the words the Lord had commanded him to speak. The people all responded together, 'We will do everything the Lord has said.' So Moses brought their answer back to the Lord.

The Lord said to Moses, 'I am going to come to you in a dense cloud, so that the people will hear me speaking with you and will always put their trust in you.'

*Exodus 19:2-9a*

This is the Word of the Lord

**All Thanks be to God.**

## Second reading

A reading from St Paul's Letter to the Romans

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

You see, at just the right time, when we were still powerless, Christ died for the ungodly. Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die. But God demonstrates his own love for us in this: While we were still sinners, Christ died for us. *Romans 5:1-8*

This is the Word of the Lord

**All Thanks be to God.**

**HYMN 2 [Freely freely \(God forgave my sin\)](#)** [\(click on this link to hear the hymn\)](#)

## Gospel reading

Hear the Gospel of our Lord Jesus Christ according to John

**All Glory to you O Lord.**

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, 'The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.'

Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness. These are the names of the twelve apostles: first, Simon (who is called Peter) and his brother Andrew; James

son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, who betrayed him. These twelve Jesus sent out with the following instructions: 'Do not go among the Gentiles or enter any town of the Samaritans. Go rather to the lost sheep of Israel. As you go, proclaim this message: 'The kingdom of heaven has come near.' Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.

*Matthew 9:35—10:8*

This is the Gospel of the Lord

**All Praise to you O Christ.**

## Sermon

One theme of our Gospel reading today is Discipleship. And one of the main characteristics of discipleship is compassion. When we look at Jesus, his chief trait was his compassion. Compassion is what impelled him in all of his actions. The literal meaning of the word compassion means 'to suffer with', *com*-passion. When we feel compassion towards someone, we sense the pain and hardship they're experiencing. It's like we're putting ourselves in their shoes. Their trial becomes our trial. Their suffering becomes our suffering.

The verses we heard from Matthew describe Jesus going about his ministries. He's travelling from town to town. Everywhere he goes, he teaches in the synagogues. And healing is a big part of his ministry, too. Matthew says that Jesus healed every disease and infirmity. As Jesus gazed out at the people gathered about him, Matthew says he was filled with compassion. Their pain, their loneliness, their grief, it all became his. He saw just how harassed and helpless they were. His response to their plight was loving compassion.

Compassion forms the backbone of Jesus' mission. It was compassion that compelled him to take on our human flesh in the first place. And compassion prompted him to pour himself out to death on a cross. As Disciples of Christ, the church is compelled to be of the same mind as Christ. From his mind to our hearts. And throughout every generation, compassion has been the calling of Christ's church. The theologian, Jürgen Moltmann said, 'The Church exists for Christ's sake.' As the church, Christ's compassion becomes our chief endeavour. Just as he was moved by compassion and acted from that compassion, we do, too.

We see this happening in the passage we heard from the book of Acts. The young church in Antioch perceives that a severe famine is about to strike. When they hear about the looming famine, their hearts are filled with compassion for their fellow

Christians in Judea. Why Judea in particular, we don't know. Something must have rendered the community there more vulnerable to an impending famine. The community in Antioch responds with a servant's heart. They determine to take up a collection to send relief. Each gives according to their ability.

In each generation, the church has continued to respond to times of need with a servant's heart. We currently find ourselves right in the middle of such a time with the Covid-19 outbreak. Compassion calls to us. It calls us to respond with a servant's heart.

And we see examples of servant hearts all around us. And each person responds according to their ability:

- Medical workers who tirelessly treat patients
- Researchers working towards treatments and vaccines
- Governments of every country working to do whatever is in their powers to keep the public safe
- Truckers who ship vital goods from place to place
- Factory workers willing to work extra shifts in order to meet the demand for goods
- Neighbours keeping track of one another
- Volunteers reaching out to feed the hungry and help the vulnerable
- And everyone following practices to curtail the spread of the virus

A servant sees the needs of the neighbour. In doing so, the welfare of our neighbour becomes our chief concern. Just like Jesus said, we lose ourselves but we gain our neighbour. Oddly, this loss brings us back to ourselves. In losing ourselves, we find our self. But not the same self we were before. No, this time we discover our self, transformed by the mind of Christ.

The early church found they had a need for people to see to the daily needs of their community. They needed people to oversee the hunger program to feed the widows among them. So they appointed Deacons. The church has been served by deacons ever since then. The traditional mark of a deacon is a towel. Think of a waiter. When they come to your table, they frequently have a towel. Maybe it's over their arm, or maybe it's tucked through the tie on their apron. That towel is the mark of their service.

So I ask: what is your towel? How has God called you to serve? As Disciples of Christ, may we each be blessed with a servant's heart. Amen



## The Creed

Do you believe and trust in God the Father,  
the source of all being and life,  
the one for whom we exist?

**All We believe and trust in him.**

Do you believe and trust in God the Son,  
who took our human nature,  
died for us and rose again?

**All We believe and trust in him.**

Do you believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world?

**All We believe and trust in him.**

This is the faith of the Church.

**All This is our faith.**

**We believe and trust in one God,  
Father, Son and Holy Spirit.  
Amen.**

## Prayers of intercession

Almighty God, we ask you guide your Church especially when differences among us seem to threaten our very existence. We face each other, but often do not see the face. We too easily make 'an other' of one another. Help us now to look again, to see Jesus in the face and to recognise hopes, aspirations and desires.

*(short silence)*

Lord in your Mercy,

**All Hear our prayer**

Creator God, we are part of the tensions and injustices of the world: heal the resentment between people, and intervene in the world's conflicts. Help us to walk humbly with you at our side and when we come to the crossroads and have to choose which way to go lead us down the path of justice and righteousness whilst steering us away from the road that leads to selfishness and sin.

*(short silence)*



Lord in your Mercy,

**All Hear our prayer**

Father God, help us to be gentle, with others and with ourselves. Give us, we pray, the calm that makes for consideration and the respect for others that makes us courteous. Take from us hard words and the cynical look. Let us be to others as we would wish them to be to us and, when we fail, forgive us and when they fail, heal us.

*(short silence)*

Lord in your Mercy,

**All Hear our prayer**

Caring God, we pray for all those who are afflicted by physical, emotional or mental illness especially the problems caused by the on-going Covid-19 pandemic. Help them to keep their eyes fixed on you and give them the courage to face the trials and temptations that may come. Especially we pray for anyone known to us.

*(short silence)*

Lord in your Mercy,

**All Hear our prayer**

Holy God, your love reaches beyond the grave. At the end of our days on earth be with us and with those we love and with those whom we love and have gone before us. We pray now for those who have recently died both Corona related and from other causes and for those bereaved by their passing.

*(short silence)*

Lord in your Mercy,

**All Hear our prayer**

Gracious God, we thank you for hearing our prayers and as we move into the coming week help us to remember our Saviour's words as he sent his disciples out into the world 'As you go, proclaim the good news, the Kingdom of Heaven has come near'.

**Merciful Father,**

**All accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

## The peace

The fruit of the Spirit is love, joy and peace.

The peace of the Lord be always with you,

**All And also with you.**

**HYMN 3 Tell out my soul**

(please click on this link to hear the hymn)

The liturgy of the Communion Service appears below

## The Dismissal

The Lord bless you and keep you.

The Lord make his face to shine upon you and  
be gracious to you.

The Lord lift up the light of his countenance upon you  
and give you his peace;

and the blessing of God the Almighty:

Father, Son, and Holy Spirit,

be with you now and remain with you always.

**All Amen.**

**HYMN 4 Lord of all hopefulness**

(please click on this link to hear the hymn)

Go in peace to love and serve the Lord.

**All In the name of Christ. Amen.**

# The Liturgy of the Sacrament

## Eucharistic Prayer (prayer E)

The Lord be with you

**All and also with you.**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and saying,

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith:

**All Christ has died.**  
**Christ is risen.**  
**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**All Amen.**

## The Lord's Prayer

As our Saviour taught us, so we pray

**All Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## Breaking of the Bread

We break this bread to share in the body of Christ.

**All Though we are many, we are one body,  
because we all share in one bread.**

**All Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

Draw near with faith.

Receive the body of our Lord Jesus Christ

which he gave for you,

and his blood which he shed for you.

Eat and drink in remembrance that he died for you,

and feed on him in your hearts

by faith with thanksgiving.

**All We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy  
so much as to gather up the crumbs under your table.  
But you are the same Lord  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that our sinful bodies may be made clean by his body  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him,  
and he in us.  
Amen.**

Communion is distributed.

## Prayer after Communion

Eternal Father,  
we thank you for nourishing us  
with these heavenly gifts:  
may our communion strengthen us in faith,  
build us up in hope,  
and make us grow in love;  
for the sake of Jesus Christ our Lord.

**All**     **Amen**

**All**     **Almighty God,**  
**we thank you for feeding us**  
**with the body and blood of your Son Jesus Christ.**  
**Through him we offer you our souls and bodies**  
**to be a living sacrifice.**  
**Send us out**  
**in the power of your Spirit**  
**to live and work**  
**to your praise and glory.**  
**Amen.**